



Interscholastic Athletic Program

Fall Sports 2022/2023 School Year



Girls 7 & 8 Grade Volleyball

- Tryouts tentatively Aug 25 & 26 at MacDonald Middle School
- Tryout times and regular practice times TBA asap
- Cost is \$225 per person
- Registration will take place after tryouts



Girls and Boys 6,7 & 8 Grade Cross Country

- Practice begins Aug. 22 at 3:15 behind MacDonald Middle School
- Cost is \$175 per person
- Registration link will appear at the City of East Lansing's Youth Activity webpage in August:
- <https://www.cityofeastlansing.com/902/Sports-Youth>

Boys 7 & 8 Grade Basketball

- Tryouts: Mid-October
 - Tryout times and dates will be posted at the school by the end of September
- Cost is \$225/player
- Registration will take place after tryouts

****Participants of middle school sports must have a new physical on file each school year at the school office before the first day of official practice. Your doctor must complete physical information on the MHSAA Medical History form which is available at the East Lansing Hannah Community Center or in the MacDonald Middle School main office.***

****All students must be in good academic standing to participate.**

*****For individuals experiencing financial hardship, we have a scholarship most years that can be applied toward fees for qualifying families. Email Tim Lane at tlane@cityofeastlansing.com for application and information.**

Middle School Sports is a partnership program with the City of East Lansing and MacDonald Middle School. For more information contact Tim Lane, City of East Lansing Recreation Coordinator at tlane@cityofeastlansing.com.

*****All dates and times subject to change based on school calendar and Covid-19*****