

Sex Education Advisory Board Meeting

Board Meeting Room – East Lansing High School

February 15th, 2024, 6:30 PM

- 1) **Call to Order.** The meeting was called to order by Melissa Fore at 6:35 PM
- 2) **Membership Roll Call.** Members present: Glenn Mitcham, Megan Maas, Melissa Fore, Anne Scott, Karessa Wheeler, Myah Valla, Kelly Maier, Danny Hearit, Heather Marlow, Diane Tuinstra, Bridget Burns-King, Chad O'Neil. No guests.

3) Approval/Modifications to the Previous Meeting Minutes

A motion to approve the previous meeting minutes without any changes was made by Megan Maas and seconded by Karessa Wheeler. Motion passed unanimously.

4) Approval/Additions to the Agenda

A motion to approve the agenda without any changes was made by Diane Tuinstra and seconded by Heather Marlow. Motion passed unanimously.

5) Public Comment:

- a. None.

6) Presentations/Committee Reports

- a. Sex Ed Director Report – Anne Scott
 - i. Grade Level Sex Education Delivery and Parent Notification Procedures

The Director and teachers are setting dates for 6th and 7th grade parent nights in March. 5th Grade parent night was held February 1 and had one parent attendee.
 - ii. Teacher and Educator Support
 1. 4th Grade Video replacement - Recommended Always Changing and Growing Up - Co-ed Puberty Education. 4th Grade Chair (Danielle Smalley) provided feedback and supports the recommendation to approve for 4th grade.
 2. Attending training through Easton RESA:
 - a. April 18th - Attending HIV Education training to be up to speed on the most current standards for HIV education and prevention. (Working to get teachers that have not refreshed HIV training in more than 5 years to update to ensure they are up-to-date on latest information).
 - b. Feb 21 - Silent Crisis 101: Creating Safe & Supportive Schools for LGBTQ+ students
 - c. March 7th PTWY Legacy Curriculum Training
 - iii. Parent Resources (See attachment)

Dr. Megan Maas is confirmed for March 5th, 6-7pm at Macdonald Middle School for a parent presentation called "How to Talk to Kids About Pornography." The presentation will cover the increase in pornography experiences for middle and high schoolers and its effects on attitudes and behaviors as well as the brain and body

experience. The presentation will give parents and care givers tools to start and continue conversations about pornography with teens and younger kids. Attendees will also have access to a parenting course, courtesy of Dr. Maas and her team.

- iv. Guest Speakers and potential collaborators:
 - 1. MOASH - Provides support for organizations establishing (March)
 - 2. Educators from Elementary, MMS and ELHS (April)
 - 3. School RN/Wellness Coordinator (May)
- v. Curriculum Enhancements

Received an overview of Rights, Respect and Responsibility (<https://www.3rs.org/>) through Eaton RESA in January. 3Rs is a comprehensive sex education curriculum that fully meets the National Sexuality Education Standards and seeks to address both the functional knowledge related to sexuality and the specific skills necessary to adopt healthy behaviors. 3Rs has Michigan Specific lesson versions, which meet Michigan State law and requirements for sex education. It may provide more robust coverage of other topics this SEAB is interested to have in ELPS Sex Ed curriculum. It could be a potential alternative for our 7th -12th grade Sex Education and HIV education materials. I would like to invite a presentation on the curriculum for the SEAB to consider as an update to the 7-12th curriculum.

7) Unfinished Business

- a. Fourth Grade Video Approval
4th Grade Video replacement. A motion to approve the recommendation to replace the current 4th grade video with Always Changing and Growing Up - Co-ed Puberty Education was made by Chad O'Neil and seconded by Danny Hearit. Motion passed unanimously.
- b. Parent Information Event: Dr. Megan Maas How to Talk to Kids About Pornography (March 5th, 6-7pm MMS)

Similar to PopPorn presentation given to the board a few years back. Paired back for parents, less academic. She will discuss addiction, brain development and problematic use of pornography as a resource for parents. We need to clarify on the flyer/post that this is for parents, no students. Attendees will have access to this online training course. Launches in May, 4-hour course. She would like it to be free for EL parents, but unsure about feasibility. We will provide a signup sheet to help follow-up with parents (names and emails). Question cards could be passed out for Q&A. 1.5 hours for this event.

- c. Subcommittee Reports
 - i. Sexual Violence Prevention/Green Dot: Melissa Fore, Chad O'Neil
 - a. Green Dot has a significant road to adopt this for ELHS. Green Dot can do a Zoom meeting to introduce the program to a larger group of stakeholders. We would need to use the Hub rather than the board room. Looking to partner with other community bodies through the district to help build a coalition of support and get feedback on this program as well as participation.
 - b. EPHI oversees the sexual prevention monies, there should be a resource that could help us out for another bystander intervention program other than Green Dot.
 - ii. Student Surveys and Outreach: Myah Valla, Kelly Maier
They have created a Google Form, "Rate your experience with sex-ed."
Feedback on the form: Should add some demographic information to the form.

Keep things neutral, not indemnifying for the school or teachers. The SEAB discussed wording of questions; final form will be sent to the advisory board for feedback.

- iii. Video Updates/Replacements: Anne Scott, Danny Hearit, Bridget Burns-King
Approved video earlier in the meeting.
- iv. Guest Speakers: Anne Scott, Danny Hearit, Kelly Maier, Karessa Wheeler
 - 1. Eve's Healthy Relationship workshop and Bystander Intervention workshop are possibilities. A person from Eve could possibly make the April 18th meeting. Eve is already an approved speaker.
 - 2. Considering the idea of developing an approved speaker/organization list for the board and as a public resource.
- v. Parent Resources: Anne Scott, Jonathan Gold, Megan Maas
Discussed platforms to get parents more resources. Local events, email blasts, etc.

8) New Business

- a. Board Member Removal - Trisha Kosloski for non-attendance.

A motion to approve the removal of Trisha Kosloski was made by Karessa Wheeler and seconded by Megan Maas. Motion passed unanimously.

9) Announcements

- a. Next meeting March 21, 2024

11) Adjournment

Motion to adjourn was made by Danny Hearit and seconded by Diane Tuinstra. Meeting adjourned at 8:02 PM.

NOTE: The date for "How to Talk to Kids About Pornography" date was changed subsequent to the meeting due to a conflict on March 5. The new date will be March 13, 2024, 6:00-7:30PM at MacDonald Middle School