

Minutes of the Mental Health Advisory Committee of the  
East Lansing Board of Education  
Zoom Virtual Meeting  
March 17, 2021

### **Opening of Meeting**

The meeting was called to order at 6:03 p.m.

### **Roll Call**

Present: Natalie Moser, Jenn Briere, Erin Parcell, Jenn Peatross, Lindsay Young, Libby Keenan; Kurt Scholler, Quiana “Q” Davis, Jade Corse, Mark Foster, Paradis Raberimiandoab, Liz Allen; Danielle Lopez

Absent: Gina Zerka; Mori Rothburn;

### **Approval of Agenda**

A motion to approve the agenda was made by Libby and seconded by Lindsay.

### **Approval of Minutes**

Approval of March 2022 minutes was made by Libby and seconded by Jenn.

### **Public Comment – None**

### **Updates**

- From Lindsay: need a break, need a hand is still being scheduled at the elementary schools through end of the year. The high school is working with Canines for Change to connect therapy dog support to the high school; will also explore middle school. Wellness Newsletter in development and coming out in the next month. There is currently a hygiene drive going on at the high school.
- Report on TRAILS and SEL programming from Lindsay: working on building fidelity around 2<sup>nd</sup> step. TRAILS moving forward in middle and high schools; Lindsay met today with the middle school principals and all social workers and counselors are now trained. TRAILS will be considered a tier 3 level intervention for suicide prevention and intervention
- Student Mental Health Club report from Paradis: they had to cancel initial meeting due to no membership. The current members of the group helped to pass out candy with mental health information today after school to over 600 students. Students provided professional development for staff and included 5 areas for staff to choose: different religions, body image, LGBTQIA, Race, and Special Needs. Faculty report that this was very “worthwhile” and “well done.”

## **Agenda Topics**

- Mental Health Month: the group met as a whole to help support the student mental health group in brainstorming ideas for Mental Health Awareness Month. Will explore opportunities for community donations, grants, parent council, etc. to contribute to this effort. Lindsay will look at the high school calendar to see how this may be able to fit in before the end of the year.

## **New Business/Future Meeting Topics**

Updates. Continued discussion and coordination of activities for Mental Health Awareness Week.

## **Announcements**

Next Full Committee Meeting: ***April 21, 2022; 6:00 – 7:30 pm via Zoom***

## **Adjournment**

The meeting adjourned at 7:30pm