Minutes of the Mental Health Advisory Committee of the East Lansing Board of Education Zoom Virtual Meeting December 16, 2021

Opening of Meeting

The meeting was called to order at 6:04 p.m.

Roll Call

Present: Natalie Moser, Jenn Briere, Erin Parcell, Jenn Peatross, Libby Keenan, Heidi Mendez, Dori Leyko, Lindsay Young, Kurt Scholler, Quiana "Q" Davis, Jade Corse, Mark Foster, Mori Rothorn, Liz Allen, Jim McEvoy, Danielle Lopez, Gina Zerka

Absent: Libby Keenan; Djinn Thompson; Paradis Raberimiandoab

Approval of Agenda

A motion to approve the agenda was made by Natalie and seconded by Lindsay.

Approval of Minutes

Approval of October 2021 minutes was made by Jen and seconded by Erin.

Approval of November 2021 minutes was made by Kurt and seconded by Jen.

Public Comment - None

Updates

- Lindsay shared recent efforts to help support teachers with wellness-related activities; Kurt Scholler (MHAC member) began a meditation group for staff. She is continuing to lead wellness che-ins for staff meetings and consulting regularly with district social workers and counselors.
- Lindsay provided update on TRAILS application is out for school districts to apply; TRAILS tier II groups will begin at the HS after winter break. She is also working with Behavior committee on SEL and PBIS programming at the elementary level.
- Lindsay shared current work on holiday break for supporting families including gathering gift card donations.

Agenda Topics

 Disseminating information regarding District Procedures and District Resources for Student Safety; reviewed information currently contained in district website regarding student safety and threat assessment procedures. Members agreed

- that plans are not easily understandable and that parents may benefit from having some clarity around plans and procedures.
- Discussed current programming and resources for responding to crisis within the district, as well as, what more may be needed.
- Discussed potential need for Behavioral Threat Assessment Team (BTAT); will
 continue to discuss and develop communication to Superintendent and BOE
 regarding need for clear response plan ahead of a crisis occurring.

New Business/Future Meeting Topics

Develop email response to district and BOE regarding recommendations for development of Behavioral Threat Assessment Team. Assess current programming being provided at each level that addresses and supports student mental health; identify additional needs using "Protecting Student Mental Health" issued by U.S. Surgeon General's Advisory document.

Announcements

Next Full Committee Meeting: January 20, 2022; 6:00 - 7:30 pm via Zoom

Adjournment

The meeting adjourned at 7:30pm