



Mental Health Advisory Committee

December 11, 2017

Opening Statement:

Formed in October 2016

First meeting: February 2017

Charge:

Review policy and state guidelines and make recommendations to the board

Review district programming and recommend additional opportunities that foster student social-emotional well-being and school culture/connectedness

Address other issues pertinent to students' mental health, including preventative mental health programming



National



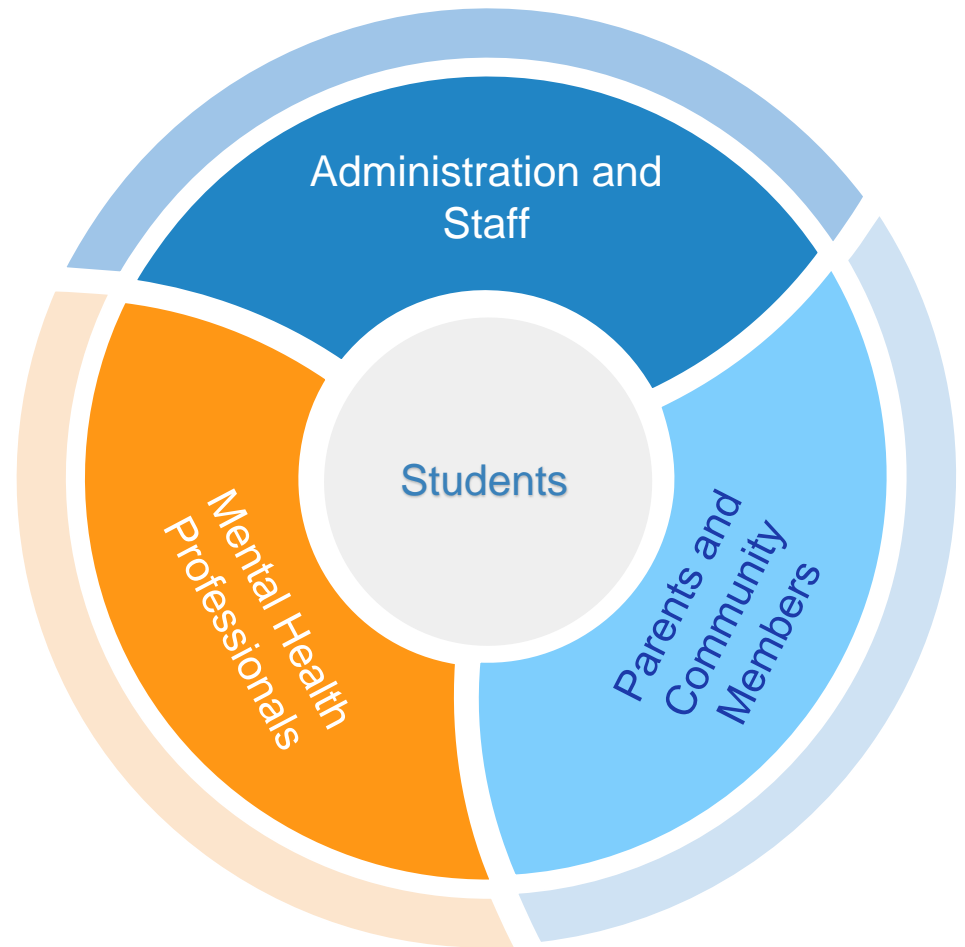
State



Local

Who Are We?

Committee members are volunteering twice a month because we care!





Student Stories

Sabria Alshimary and
Tess Washburn

State of Michigan Board of Education Recommendations



Policies

State of Michigan Board of Education Recommendations:

policies

School districts are encouraged or **mandated** to have policies on the following areas of concern:

- *Mental Health*
- *Suicide Prevention*
- **Bullying**

East Lansing Public Schools:

policies

MHAC Recommendations

Adopt mental health
and suicide
prevention
policies

Review bullying
policy and update
as needed

State of Michigan Board of Education Recommendations

Policies

Professional
Development

State of Michigan Board of Education recommendations:

professional development

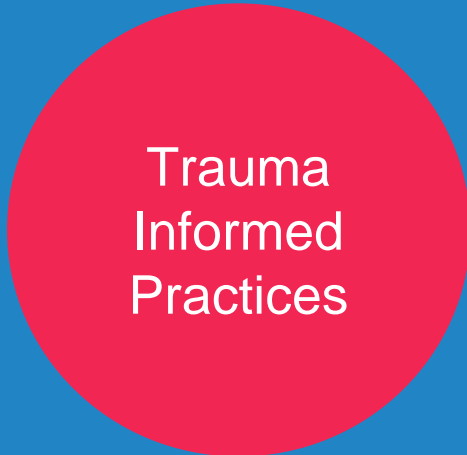
School boards are encouraged to provide professional development for school personnel concerning:



Mental
Health



Suicide
Prevention



Trauma
Informed
Practices

East Lansing Public Schools:

professional development

Current Practices

Board of Education policy on staff professional development supports the concept of personal development for staff, which may authorize funding for various activities in its budget (Policy 5190)

Staff have attended trainings and professional development related to social and emotional well being and school culture, primarily based on personal interest or when an individual school has identified a need.

East Lansing Public Schools:

professional development

MHAC Recommendations

Develop, adopt and implement a more consistent, cohesive approach to professional development for staff around mental health, suicide prevention, and trauma informed practices.

Consider a model for professional development that includes basic awareness and support for all staff and specialized training for those in key positions and/or who have interest.

State of Michigan Board of Education Recommendations

Policies

Professional
Development

Services for Students

Services to Students

School districts are to provide services to students to promote students' emotional well-being and mental health, to improve their ability to perform to their full academic potential, and positively contribute as youth and adults to their community.

School districts are to provide age appropriate instruction for pupils concerning warning signs and risk factors for suicide and depression and the protective factors that help prevent suicide.

State of Michigan board of education recommendations:

Services to Students

State of Michigan recommends consideration of student services in the following areas:



Health
Promotion/
Universal
Prevention
Services



Early
Intervention
Services



Acute
Intervention
Services



Treatment
Services



Bridging
students from
school support
to mental health
support in a
clinical setting or
in the
community.

East Lansing Public Schools:

Services to Students

Current Practices



Elementary
Schools

Middle
School

High School

Services to Students

Committee Findings

Each level contains some amount of services,
as recommended by the State Board of
Education.

*There are more services available at the
elementary level and the greatest need seems
to be at the high school.*



East Lansing Public Schools:

Services to Students

ELPS has invested in the Second Step Program to support social and emotional development of students across grades K-5

Second Step began at Donley 2015-16 and in 2016-17 was expanded to the remaining elementary schools

Elementary
Current
Practice
Highlights

Services to Students



Middle School Opportunity

Second Step Program
could be expanded and
implemented at the
middle school level

Actively being considered
at MMS and would
provide continuity across
grades K-8

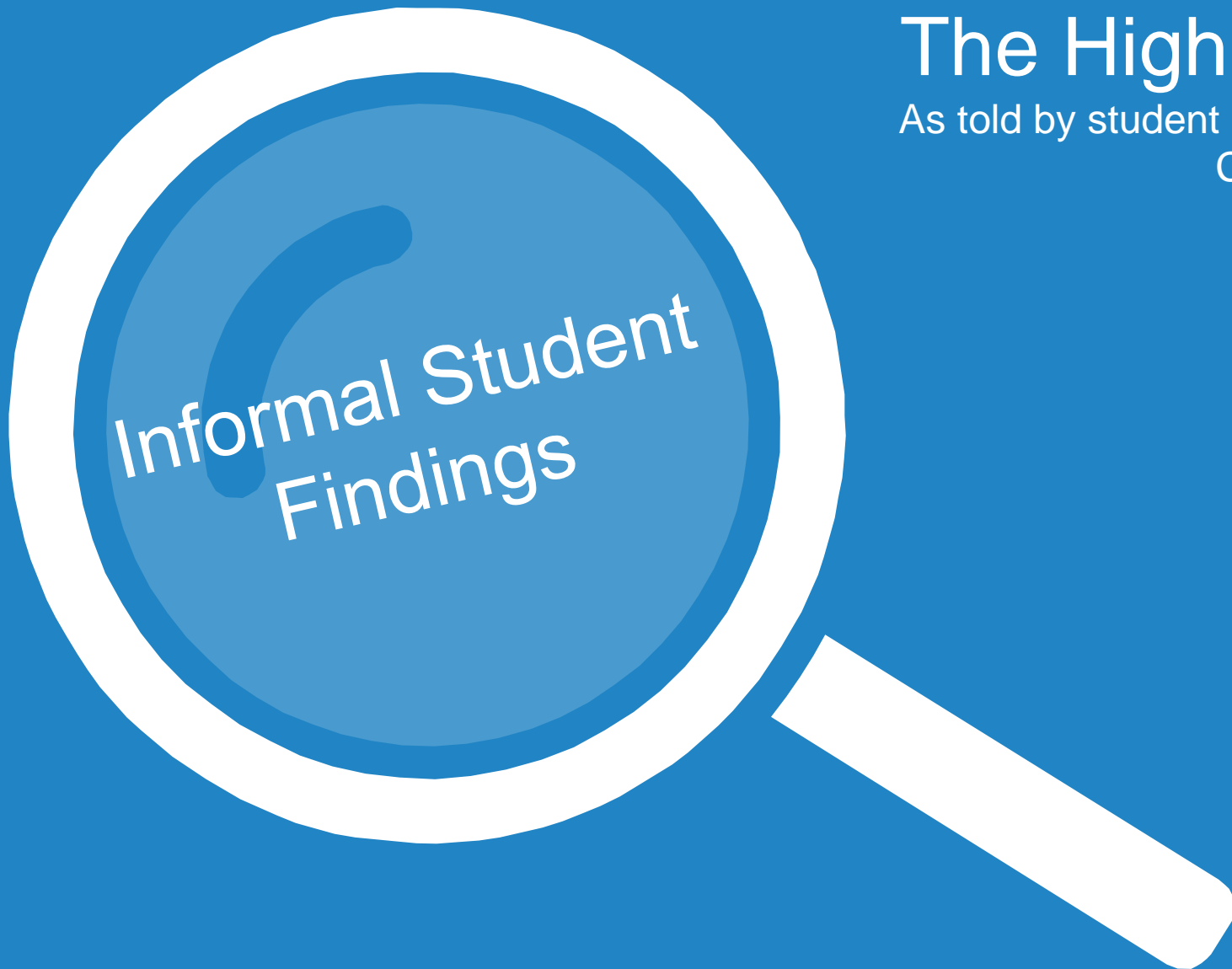
Services to Students

High
School
Opportunity

Although services to address mental health are available and utilized, we see the need for a comprehensive, systematic, integrated, accessible approach to student services

Perceptions From The High School

As told by student representative:
Claire Kopachik



Informal Student
Findings

Collection & Review of Data

General Findings:

▷ ELPS collects data regarding social and emotional well-being and school culture.

Example: MiPHY data 2016, will collect again in 2018

▷ The social, emotional and school culture data is in various forms of accessibility.

Collection & Review of Data

MHAC Recommendation:

- Identify a more effective centralized process to organize, understand, share and use the data to support the social and emotional well being of ELPS students and school culture.
- Utilize the data to identify priorities for change that work towards meeting the goals of the District, State of Michigan Board of Education, and State of Michigan Healthy Youth Campaign.

MHAC 2017-2018 Goals:



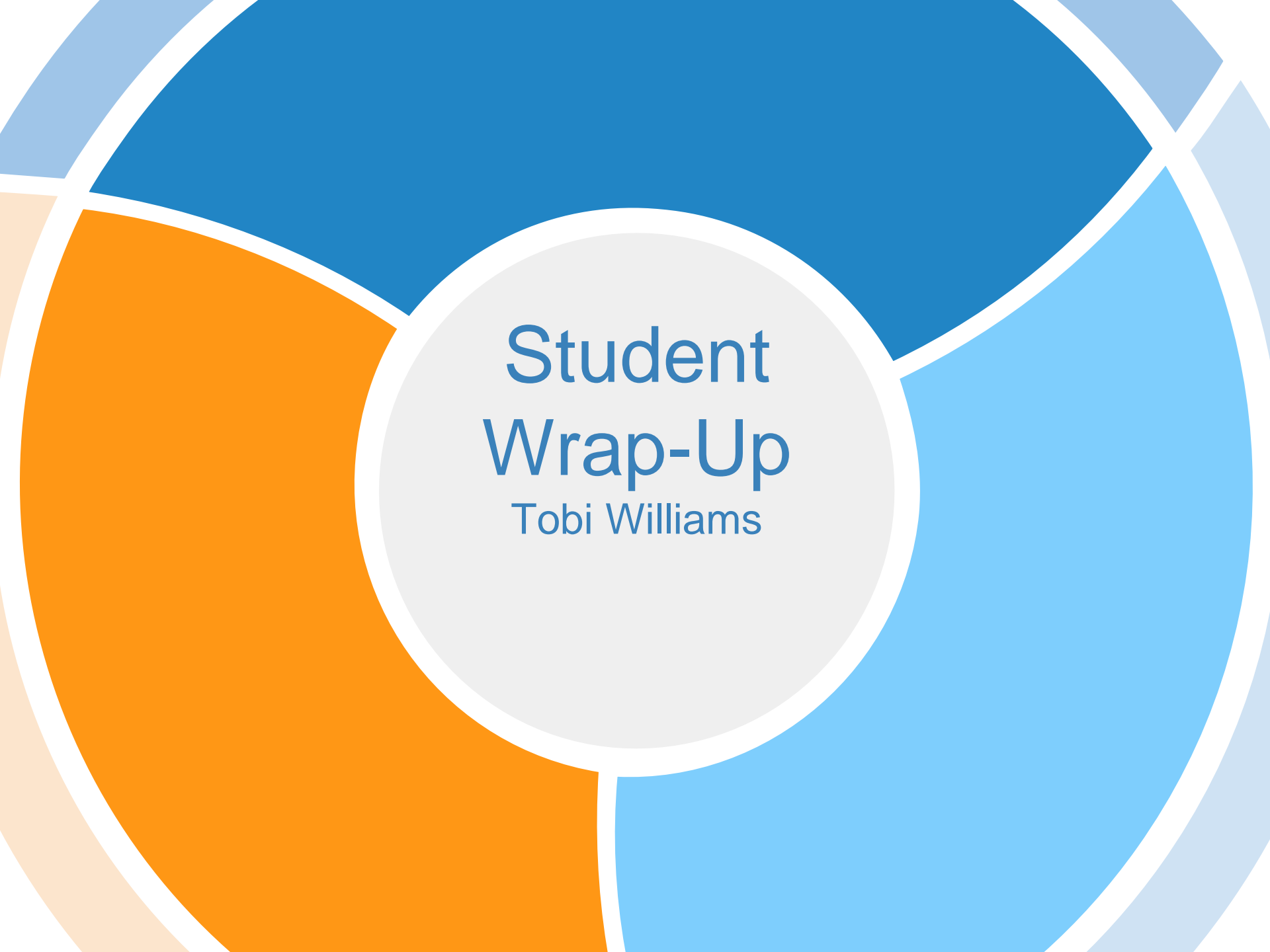
1.

Develop recommendations for a cohesive approach to professional development



2.

Develop recommendations to implement a comprehensive, systematic, integrated, accessible approach to student services at the middle and high schools



Student
Wrap-Up
Tobi Williams



SlidesCarnival icons are editable shapes.

This means that you can:

- Resize them without losing quality.
- Change fill color and opacity.
- Change line color, width and style.

Isn't that nice? :)

Examples:

