

Mental Health Advisory Committee Meeting

Agenda

Zoom: [MHAC%2010.16.23] MHAC 10.16.23

[MHAC](#)

<https://us04web.zoom.us/j/76181661607?pwd=ksayU6ZISWRabPaFelzhZpFX5IXRb3.1>

Meeting ID: 761 8166 1607

Passcode: pAaw83

October 16, 2023

1. **Call to Order (Fin)**
 - **Present:** Gabriele Hodgkinson, Klaudia Burton, Diane Cox, Heidi D, Nyx Zoll, Leea Hawkins, Leo Kendall, Heather Mueller, Heather Findley (Fin), Quiana Davis, Kristin Sesti, Matt Morales, Jess Peatross, Kurt Scholler, Erin Parcell
 - **Absent:** Djinn Thompson, Gina Zerka, ML Konnet, Natalie Moser, Jim McEvoy
2. **Approval of the meeting agenda (Fin)**
 - A motion to approve the agenda was made by Erin Parcell and Heather Mueller Seconded.
3. **Approval of the meeting minutes (Fin)**
 - A motion was not completed as there were no minutes previously as this is the first meeting of the year
4. **Welcome/Connections and Introductions (Group Discussion)**
 - All participants shared their name, pronouns, role (student, parent, mental health provider, staff) and why they are engaging in the committee
5. **Public Comment (If Applicable)**
 - No public comment
6. **MHAC Recap**
 - [Mental Health and Wellness in ELPS](#) (Fin)
 - Fin explained the creation of the Office of Health and Safety
 - Matt Morales serves as the Director of Health and Safety
 - Heather Findley (Fin) as Mental Health Coordinator
 - Paul Shanks as the Behavior Systems Specialist
 - Fin reviewed makeup and purpose of committee
 - Fin explained how the committee was developed in response to tragic incidents.
 - Supportive efforts to make recommendations to District Administration
 - Fin and group talked about the importance of supporting all members of the learning community
 - Fin reviewed previous work the committee has spearheaded and then the group discussed where we could go from here
 - Discussed the creation of Trojan Mental Health Matters website
 - Discussed advocating and supporting the adoption of Second Step and TRAILS
7. **Agenda Topics**
 - Reintroduction of MHAC and Goals
 - Supporting Board Goals
 - Nurturing the Whole Child
 - Successes over the last several years

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- SEL Professional Development Overview for 2023/2024
 - Fin mentioned the areas of focus for the year: Youth Mental Health First Aid overview, the Neurosequential Model in Education, Minority Stress and Mental Health, What happens after making a referral to an outpatient provider or inpatient treatment, and May as Mental Health Month
- SEL Programming Implementation
 - Fin mentioned that TRAILS Tier I and Tier II are implemented at the High School and Middle Schools and that Second Step is being embedded into the elementary level
 - Heidi asked if there was a grant covering Second Step implementation after next year and Klaudia explained that Second Step implementation was meant only for elementary grade levels (K-5). The grant funding that was discussed in prior MHAC meetings were 31aa and 31n, which is being used to support mental programming in the district, as well as the hiring of new positions in the health and safety department.
- participants selected which subcommittee they want to be in
 - Secondary Subcommittee
 - Leea Hawkins, Gabbi H, Nyx Z, Diane Cox, Kristin Sesti
 - Elementary Subcommittee
 - Leo Kendall
 - Staff Subcommittee
 - Heather Mueller, Erin Parcell, Jen Peatross
 - Community Subcommittee
 - Fin, Klaudia
 - Kurt S and Quiana Davis have decided which subcommittee he wants to be on
- What are some possible goals for this year:
 - Re establishing the website- with a student, staff and community component
 - The Social Worker at the high school, Mrs. Sesti, will reach out to Leea, Nyx, Leo and Gabby about collaborating
 - There was a small discussion about having a mental health night, supporting the community around the anniversary of the MSU shooting, and creating activities or events during May for Mental Health Awareness Month

8. New Business/ Future Meeting Topics

- Fin: Plan to have some whole group discussion at the beginning and end of the next MHAC meeting
- Fin: Participants were asked to complete a sign out form that asked for areas of focus for future subcommittee meeting work.

9. Announcements

Next Full Committee Meeting: Monday, November 20th 6:30pm-8:00pm with in person at the HUB, and also available in zoom.

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10. Adjournment at 7:32pm