Mental Health Advisory Committee Meeting Agenda

MHAC 01.22.24 6pm Meeting ID: 761 8166 1607 Passcode: pAaw83 Sign In

1. Call to Order (Fin) (5min)

- Present: Klaudia Burton, Diane Cox, Kurt Scholler Nyx Zoll, Leo Kendall, Heather Mueller, Heather Findley (Fin), Quiana Davis, Kristin Sesti,
- Absent: Gabriele Hodgkinson, Heidi D, Leea Hawkins, Matt Morales, Jess Peatross,, Erin Parcell,
 Djinn Thompson, Gina Zerka, Erin Purcell, Mark Foster
- Note taker: ML Konett

2. Approval of the meeting agenda (Fin)

- A motion to approve the agenda was made by Klaudia
- A second was made by Kristin

3. Approval of the meeting minutes (Fin)

- A motion to approve the minutes was made by Kristin
- A second was given by Klaudia
- 5. Public Comment (If Applicable) None

6. Agenda Topics

Recent Events

- Cocoa and Cram at ELHS was amazing 70 students present, tutoring, painting, will go
 on social media. Leo made positive comments. Nyx echoed the surprise in numbers. It
 was shared that students would like to see this each semester. H1 shared that the
 alliteration with the name, from 2 teachers, that 'cram' isn't what students should be
 doing.
- Marble and Donley 'Zines comments from Leo positive! Thanks to Gina and Kurt going over the skill and goals are for the 'zines.

2.13.23

- o Do we want to share a statement of support or a message on Social Media.
- United message put in chat or send in email to Fin for possible unity statement.
- Please comment on any emails concerning this so we can work together to come up with an ELPS statement
- Collab with Office for Resource and Support Coordination and United Resiliency Center

Mental Health Carnival

- Wednesday, April 24, 2024
- Need to decide:
 - **530-730**
 - Discussions ensued about our Why? Mission and Format
 - Took a informal vote about sign-up for specific events
 - We can use: Union, HUB, library, gym and probably a couple classrooms
 - Review places that are interested in having a booth: Do we want anymore?
 - Do we ask for donations for a raffle? (no money, but perhaps different items like gift cards?-is someone willing to ask community members/businesses?
 - Do we ask to borrow a ping pong table or an air hockey table?
 - Floor Hockey? Basketball Badminton Pickle Ball!

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- Make sure to reach out to the Building Facilities (Custodial staff) has been contacted on the MHC date
- Make sure the volunteer sign-up sheet has age specificity (if needed)
- Update volunteer forms for set-up and clean-up
- Do we want to get donated massages for staff or yoga for everyone?
- How do we want to advertise or encourage the community to partWed email)
 who she will be contacting
- Letter/email will give the WHY and asking for donations Ms
 Q and Fin will draft this

8. New Business/ Future Meeting Topics

- email to come on Wednesday from Fin that includes volunteer form for participants to engage in Carnival, attendance for tonight, and new committee selection to focus on carnival
- we will have new committees to plan the Mental Health Carnival, this will be in the email

9. Announcements

• Next Full Committee Meeting: Monday, Feb 5th

10. Adjournment 734pm