

Mental Health Resources

Organizations:

MSU Psychological Clinic – Department of Psychology – (517) 355-9564
MSU Department of Psychiatry – (517) 353-3070
St. Vincent Catholic Charities – (517) 323-4734
Grand Ledge Counseling Ctr – (517) 267-8357
CEICMH Crisis Services – (517) 346-8460
The Centered Self – (517) 347-7457
The Wellness Institute – (517) 347-4645
Wellspring Counseling Services – (517) 336-4335
Trevor Project (LGBTQ Suicide Resources): <http://www.thetrevorproject.org/>
American Foundation for Suicide Prevention: <http://www.sprc.org>
American Association of Suicidology: <http://www.suicidology.org>
JED Foundation: <http://www.jedfoundation.org/>
National Suicide Prevention Lifeline: <http://www.suicidepreventionlifeline.org>

Crisis Hotlines:

Community Mental Health – (517) 346-8460
CMH Children Emergency Services – (517) 346-8008
The Listening Ear – (517) 337-1717
Gateway Community Services Statewide Crisis Lines - (517) 351-4000

Counseling Providers for Adolescent Patients:

Annette Barton – ACSW - BCD – Okemos – (517) 347-7457
Jonathan Blair – Ph.D – Lansing – (517) 323-4099
Doug Block – ACSW – (517) 332-5465
Shana Bombrys – LMSW – Lansing – (517) 618-0579
Sarah Bove – LMSW – 517-204-6743
Jenn Briere – LLMSW – Lansing – (517) 346-8410
Amy Burton – LMSW – East Lansing – (517) 481-2133
Mark Cannizzaro, PhD 517-337-6545
Candice Carrasco – LMSW – 517-375-2672
Stephanie Commings – Psychiatry (Adults) – Lansing – (517) 887-9801
Sarah Crowgery – LMSW – 517-337-6545
Barbara Culton - MSW – Lansing – (517) 374-7388
Elizabeth Danowski – LMSW – East Lansing – (517) 268-8052
Deby Dantus – LCSW – 517-618-9884
Richard Dombrowski - PhD – Lansing – (517) 703-0110
Carol Ducat PhD – Okemos – (517) 349-6608
Elizabeth Dyste-Bales - LMSW – Lansing – (517) 927-2571
Amanda Epolito – LMSW – 517-230-9824
Bonnie Fons Wilson PhD – East Lansing – (517) 336-8055
Kerry Frawley – LMSW – Lansing – (517) 676-9788
Karen Gallaher – ACSW – Okemos – (517) 347-4645
Norman Gilbert – PhD – Okemos – (517) 349-5498
Tim Goth-Owens – 517-337-2900
Eileen Hathaway – LLP – East Lansing – (517) 336-4335
Jim Heavenrich – ACSW – East Lansing – (517) 337-2545

Shawn Johnson – Ph.D - (517) 347-4755
Kersten Kimmerly – LMSW – East Lansing – (517) 333-3741
Charlene Kushler – PhD – Williamston – (517) 655-3738
Michael Lagrou – 517-323-4734 ext 1700
Linda Lovegrove Lepisto – PhD – East Lansing – (517) 333-0332
Jack Loynes – PhD – East Lansing – (517) 908-0448
Karen Massol – LPC – East Lansing – (517) 336-4335
Jill Messer – MSW – Lansing – (517) 332-7105

**Ken Miller – LMSW 517-623-5181
Maureen Moloney – LMSW – (517) 882-3732
Pamela Montgomery – PhD – Okemos – (517) 347-7736
Cynthia Morgan – PhD – Okemos – (517) 381-8821
Lori Naughton – PsyD – Okemos – (517) 648-8628
Jen Novello – LMSW – Lansing – (517) 999-9005
Mary Nowack – PhD – East Lansing – (517) 917-0919
Sarita Overton – PhD – East Lansing – (517) 333-9494
Kate Payne – LMSW 517-897-0507
Shani Saxon – LMSW – East Lansing – (517) 214-6990
Valerie Shebroe – PhD – East Lansing – (517) 332-4011
Shelley Smithson – MSW, PhD – East Lansing – (517) 332-1562
**Megan Spedoske – MSW – Lansing – (517) 242-9110
Jason Stentoumis – PsyD – Lansing – (517) 999-3935
**Kate Stevenson – LMSW – 517-258-2384
Mike Stratton – ACSW – East Lansing – (517) 336-7721
Bonnie Such – LMSW – (517) 376-2614
Barbara Thibeault – MSW – Lansing – (517) 374-6577
Hilton Thomas – 517-332-0811
Kelly Thomas – LMSW – East Lansing – (517) 337-2900
Jacqueline Titus – Ph.D – (517) 306-2924
Linda Wallace – MSW – East Lansing – (517) 332-3070
Carol Way – LMSW – Williamston – (517) 819-5654
Deborah Weathers – 517-282-2902

SPECIALTIES:

-ADHD

-Adolescent Counseling

-LGBTQI Issues

-PTSD

-Cognitive Behavioral Therapy

**Missy Wilson – LMSW, MPH – Lansing – (517) 882-6159
Zolecki-Polzin, Lauren – 517-332-0811

***Therapists are trauma trained and certified*