

administer the parent and student surveys in spring of 2021.

Accessing the Results

Copies of this report are available at the Superintendent of East Lansing Schools, Dori Leyko, 501 Burcham Drive, East Lansing, MI 48823 or on the East Lansing Public Schools website, www.elps.us.

APPENDIX G: ELPS Sexual Health & HIV Board of Education Approved Curriculum and Materials

4th Grade

BOE Approval Dates in BLUE

Current Core Curriculum & Materials and BOE Approval Date

- HIV/AIDS Curriculum: **Michigan Model for Healthy Kids 2006** Currently on hold as media selection is outdated.)
- Sexual Health Core Curriculum: **Puberty: The Wonder Years 4th Grade 2021 Edition 6-27-2022**
- Sexual Health Media: ***“Everything You Wanted to know about Puberty For Boys & Girls”*** - Disney **2015**

Past Core Curriculum & Materials No Longer in Use

- Puberty: ***The Wonder Years 4th grade 2015 edition***
- HIV/AIDS Media: ***“AIDS and the Immune System”*** - SVE and Churchill Media
- Reproductive Health: **Puberty: The Wonder Years Abstinence Based Tier A 2010 Edition 2015**

5th Grade

Current Core Curriculum & Materials and BOE Approval Date

- HIV Curriculum: **Michigan Model for Healthy Kids 2006**
- HIV/AIDS Media: ***“HIV and Me: Marissa’s Story”*** Redefine Positive Media **2022**
- Sexual Health Core Curriculum: **Puberty: The Wonder Years 5th Grade 2021 Edition 6-27-2022**
- Sexual Health Media: ***“Puberty and You”*** Seattle Public Schools TV **10/17/22**

Past Core Curriculum & Materials No Longer in Use

- ***“You, Your Body and Puberty”*** - Human Relations Media
- HIV/AIDS Media: ***“AIDS: Facts for Kids”***
- Reproductive Health: ***Puberty: The Wonder Years 2015 edition***
- Reproductive Health: ***Puberty: The Wonder Years Abstinence Based Tier B 2010 Edition 2015***

6th Grade

Current Core Curriculum & Materials and BOE Approval Date

- Sexual Health Core Curriculum: Puberty: The Wonder Years 6th grade 2021 edition [6-27-2022](#)
- Reproductive Health Media: *"Puberty and You"* Seattle Public Schools TV [10-17-2022](#)
- LGBTQ Inclusiveness Lesson & Videos *"How to Be a LGBTQ+ Ally"* and *"Range of Gender Identification"* AMAZE.org [11-25-19](#)
- "Teen Angst" AMAZE.org [2-10-20](#)
- "What Makes a Relationship Healthy" AMAZE.org [2-10-20](#)
- "Healthy vs. Unhealthy Relationship" AMAZE.org [2-10-20](#)
- "Friends Forever" AMAZE.org [10-17-2022](#)
- "What Is Intersectionality" AMAZE.org [10-17-2022](#)
- "Maybe Doesn't Mean Yes" AMAZE.org [10-17-2022](#)
- "How to Talk to Girls, Boys, and Everyone in Between" AMAZE.org [10-17-2022](#)
- "Active Listening: How to Communicate Effectively" AMAZE.org [10-17-2022](#)
- "Stay Out Loud: What advice would you give a younger brother/sister about their future" Stay Teen [10-17-2022](#)
- "What's Cyberbullying" Common Sense Media [10-17-2022](#)
- "Bodies: Different Shapes and Sizes. All Beautiful" AMAZE.org [10-17-2022](#)
- "Intersectionality 101" Learning for Justice [10-17-2022](#)

Past Core Curriculum & Materials No Longer in Use

- "Sexting" AMAZE.org
- "Feeling Depressed, Happy and Other Emotions" AMAZE.org
- Reproductive Health Media: *"You, Your Body, and Puberty"* – Human Relations Media
- Sexual Health Core Curriculum: *Puberty: The Wonder Years 6th Grade & Optional Lessons 6A, 6B, 6C Abstinence Based 2015 Edition* [3-13-2017](#)
- Reproductive Health: *Puberty: The Wonder Years Abstinence Based (Optional lessons not approved.) - 2010 Tier C 2015*
- Reproductive Health Media: *"Puberty for Boys & Girls: Amazing Changes Inside and Out" Including video segments on emotional changes* - Discovery Education [2015](#)
- *"Cyber Bully"* – YouTube [2015](#)

7-8th Grades

Current Core Curriculum & Materials and BOE Approval Date

- HIV/AIDS: **Michigan Model for Health Growing Up and Staying Healthy: Understanding HIV and Other STIs** Abstinence Based
- Sixth Grade Review Lesson: Human Reproductive System (Based on lesson from PWY for 6th grade.)
- HIV/AIDS Media: *"HIV/AIDS: Learn the Facts, Fight the Stigma, Stay Safe"* Redefine Positive Media [2022](#)
- HIV/AIDS Media: *"Sex Has Consequences"* Public Service Announcements National Campaign to Prevent Teen and Unplanned Pregnancy
- Sexting Media: *"Talk It Out: Sex, Self-Respect, and Social Media"* 7 & 8th Grades Discovery Ed Mazzarella Educational Media [3-25-19](#)
- Sexting Media: *"Ally's Story: Second Thoughts on Sext"* 8th Grade Only Discovery Ed Common Sense Media [3-25-19](#)

- LGBTQ Inclusiveness Lesson & Videos *“How to Be a LGBTQ+ Ally”* and *“Range of Gender Identification”* (Videos are part of 6th grade lesson.) AMAZE.org **11-25-19**
- *“What Is HIV”* AMAZE.org **2-10-20**
- Power Point: *“HIV: Fact or Myth”* **2-10-20**

Past Core Curriculum & Materials No Longer in Use

- HIV/AIDS Media: *“Understanding HIV and AIDS”* Human Relations Media (abstinence-based version)
- Understanding HIV and Aids Abstinence Based

9-12th Grades

Current Core Curriculum & Materials and BOE Approval Date

- Sexual Health & HIV/AIDS Core Curriculum: **Michigan Model for Health: Healthy and Responsible Relationships: HIV, Other STIs, and Pregnancy Prevention 2007**
- Reproductive Anatomy Review Materials:
 - Video: *“Human Reproduction and Childbirth”* Human Relations Media **11-28-16**
 - Teen Health Website: The Male and Female Reproductive System – Slides
 - Worksheets: Male and Female Reproductive Anatomy
 - Optional Resources: Health Skills for Wellness Chapters 8 & 9
- CDC Website - Sexually Transmitted Disease and Infection Power Point
- Sexual Health & HIV/AIDS Videos:
 - *“Am I Ready? Making Healthy Sexual Decisions”* HRM Media **11-28-16**
 - *“I wish...”* United Way of Jackson County 2015 Teen Pregnancy Prevention Initiative **3-13-17**
 - *“Biggest Myths about STIs”* HRM Media **11-28-16**
 - *“HIV 101”* CDC **11-28-16**
 - *“Tea Consent (Clean)”* Blue Beat Studios **11-28-16**
 - *“It’s Your Choice: Birth Control for Teens”* Center for Health Training **Discovery Education** First 19 minutes only
- Sexting Videos:
 - *“Talk It Out: Sex, Self-Respect, and Social Media”* Mazzarella Educational Media **Discovery Education 3-25-19**
 - *“Ally’s Story: Second Thoughts on Sexting”* Common Sense Media **Discovery Education 3-25-19**
- LGBTQ Inclusiveness:
 - Primary Source: *Supporting LGBTQ Youth: Creating inclusiveness & equity in sexual & reproductive health programs* Revised Edition ETR **4-23-18**
 - *Definitions Matching Game Lesson Plan* Developed by the Sexual Minority Youth Assistance League (SMYAL) and Roots of Change (www.rootsofchange.us). **4-23-18**
- Affirmative Consent:
 - *“Teaching Affirmative Consent: Practical guidelines to increase student understanding”* Publisher ETR 2017 as supplement for evidence-based programs **11-23-21**
- School Liaison Speaker: Sex and the Law: East Lansing Police Department
- Guest Speaker: Community health educators from Willow Adolescent Health Center Ingham County Health Department **5-9-16**
- Eleventh Grade Review Class: Community health educators from Willow Adolescent Health Center Ingham County Health Department (Repeat of content presented in ELHS Health Class.) **5-9-16**
- Penis Model and Proper Condom Use (Teacher Demonstration Only)

Past Core Curriculum & Materials No Longer in Use

- Videos included in core curriculum:
 - *“Abstinence: Deciding to Wait”* Alfred Higgins Productions
 - *“In Our Own Words: Teens and AIDS”* Family Health Productions
 - *“Just Like Me: Talking About AIDS”* Films for Humanities & Science 1997
 - *“The Stories of AIDS”* Educational Materials Center 1996 CMU
 - *“Taking a Stand”* United Learning
 - *“U need 2 Kno”* - Abstinence Based Version Educational Materials Center 2003
- Books:
 - Health Skills for Wellness Chapter 6 (Building Healthy Relationships)
 - Health Skills for Wellness Chapter 10 (Childhood and Adolescence)
 - Health Skills for Wellness Chapter 22 (Infectious Diseases)
 - Health Skills for Wellness Chapter 23 (HIV/AIDS and Sexually Transmitted Diseases)
- Other Videos:
 - “Philadelphia”
 - “The Age of Aids” PBS Video
 - “Life’s Greatest Miracle” PBS Video
 - “Teen Species” Discovery Health Video
 - “I Am Your Child” Johnson and Johnson
 - “The Puberty Years” PBS Video Series grades 9-12
- Guest Speakers/Outside Programs:
 - S.M.A.R.T. (Suspended 2015)
 - E.V.E. Ending Violent Encounters (Suspended 2015) **Moved to general health class 2015.**
 - Planned Parenthood (Suspended 2015)
 - LAAN-Lansing Aids Network (Suspended 2015)
- Models & Charts: Planned Parenthood Contraception and Baby Project: The Contraceptive Options Chart

Elementary Special Education Classrooms

Current Core Curriculum & Materials and BOE Approval Date

- Sexual Health Core Curriculum: **Marsh Media: A Girl’s Guide to Growing Up and A Boy’s Guide to Growing Up** (Lessons include videos and student booklets.) **5-23-16**
- Supportive Books:
 - **Taking Care of Myself: A Healthy Hygiene, Puberty and Personal Curriculum for Young People with Autism - Unit 4 “Growth and Development” & Unit 5 “Menstruation”** Approved for Grades 4+ By: Mary J. Wrobel **4-23-18**
 - **The Care and Keeping of You: The Body Book for Younger Girls**, Revised Edition – Approved Grades 4+ By: Valorie Schaefer **4-23-18**
 - **What’s Happening to Tom?: A book about puberty for boys and young men with autism and related conditions** 1st Edition By: Kate E. Reynolds **4-23-18**
 - **What’s Happening to Ellie?: A book about puberty for girls and young women with autism and related conditions** 1st Edition By: Kate E. Reynolds **4-23-18**
- Communication Tools: Social Stories of the content may be created using the program Board Maker, WORD, Power Point, and similar publishing programs. **4-23-18**

Past Core Curriculum & Materials No Longer in Use

- Life Horizons I & II **2000**

Middle School Special Education Classrooms

Current Core Curriculum & Materials and BOE Approval Date

- Primary Sexual Health Core Curriculum: Marsh Media: A Girl's Guide to Puberty & Personal Safety and A Boy's Guide to Puberty and Personal Safety (Lessons include videos and student booklets.) **5-23-16**
 - Secondary Sexual Health Core Curriculum: Positive Prevention PLUS: Sexual Health Education for Special Populations as revised for use by East Lansing Grades 6+ **5-21-18**
- NOTE: Families and teachers choose which core curriculum best meets the individual needs of students.**
- Supportive Books:
 - **Taking Care of Myself: A Healthy Hygiene, Puberty and Personal Curriculum for Young People with Autism - Unit 4 "Growth and Development" & Unit 5 "Menstruation"** Approved for Grades 4+ By: Mary J. Wrobel **4-23-18**
 - **The Growing Up Guide for Girls: What Girls on the Autism Spectrum Need to Know! - Approved Grades 6+** By: Davida Hartman **5-21-18**
 - **The Growing Up Book for Boys: What Boys on the Autism Spectrum Need to Know! - Approved Grades 6+** By: Davida Hartman **5-21-18**
 - **The Care and Keeping of You: The Body Book for Younger Girls, Revised Edition – Approved Grades 4+** By: Valorie Schaefer **4-23-18**
 - **The Care and Keeping of You 2: The Body Book for Older Girls – Approved Grades 6+** By: Cara Natterson **5-21-18**
 - **A Smart Girl's Guide: Boys: Surviving Crushes, Staying True to Yourself, and other (love) stuff (Smart Girl's Guides) – Approved Grades 6+** By: Nancy Holyoke **5-21-18**
 - **Guy Stuff: The Body Book for Boys Paperback – Approved Grades 6+** By: Cara Natterson **5-21-18**
 - Supportive Materials and Approaches:
 - Human Anatomical Body Model **5-21-18**
 - Communication Tools: Social Stories of the content may be created using the program Board Maker, WORD, Power Point, and similar publishing programs. **4-23-18**

Past Core Curriculum & Materials No Longer in Use

- Life Horizons I & II **2000**

High School Special Education Classrooms

Current Core Curriculum & Materials and BOE Approval Date

- Primary Sexual Health Core Curriculum: Positive Prevention PLUS: Sexual Health Education for Special Populations as revised for use by East Lansing Grades 6+ **5-21-18**
 - Secondary Sexual Health Core Curriculum: Marsh Media: A Girl's Guide to Puberty & Personal Safety and A Boy's Guide to Puberty and Personal Safety (Lessons include videos and student booklets.) **5-23-16**
- NOTE: Families and teachers choose which core curriculum best meets the individual needs of students.**
- Sexual Health Media:
 - **"Puberty for Boys: Amazing Changes Inside and Out"** Disc. Ed - Approved Grades 6+ **5-21-18**
 - **"Puberty for Girls: Amazing Changes Inside and Out"** Disc. Ed - Approved Grades 6+ **5-21-18**
 - **"Reproduction and Development"** 2010 Visual Learning Disc. Ed - Approved Grades 6+ **5-21-18**
 - Supportive Books:

- **Taking Care of Myself: A Healthy Hygiene, Puberty and Personal Curriculum for Young People with Autism - Unit 4 “Growth and Development” & Unit 5 “Menstruation”** Approved for Grades 4+ By: Mary J. Wrobel **4-23-18**
- **Taking Care of Myself2: for Teenagers and Young Adults with ASD – Unit 6 “Sex and Sexual Relationships”** Approved for Grades 9+ By: Mary J. Wrobel **5-21-18**
- **The Growing Up Guide for Girls: What Girls on the Autism Spectrum Need to Know! - Approved Grades 6+** By: Davida Hartman **5-21-18**
- **The Growing Up Book for Boys: What Boys on the Autism Spectrum Need to Know! - Approved Grades 6+** By: Davida Hartman **5-21-18**
- **The Care and Keeping of You: The Body Book for Younger Girls, Revised Edition – Approved Grades 4+** By: Valorie Schaefer **4-23-18**
- **The Care and Keeping of You 2: The Body Book for Older Girls – Approved Grades 6+** By: Cara Natterson **5-21-18**
- **A Smart Girl's Guide: Boys: Surviving Crushes, Staying True to Yourself, and other (love) stuff (Smart Girl's Guides) – Approved Grades 6+** By: Nancy Holyoke **5-21-18**
- **Guy Stuff: The Body Book for Boys Paperback – Approved Grades 6+** By: Cara Natterson
- Supportive Materials and Approaches:
 - Human Anatomical Body Model **5-21-18**
 - Communication Tools: Social Stories of the content may be created using the program Board Maker, WORD, Power Point, and similar publishing programs. **4-23-18**

Past Core Curriculum & Materials No Longer in Use

- Life Horizons I & II **2000**