



Dear Parent or Family Member,

As your partners in education, your Board of Education has approved a unit called Healthy and Responsible Relationships: HIV, Other STIs, and Pregnancy Prevention, A Module for Grades 9-12. These lessons were selected after careful scrutiny by parents, teachers, students, clergy, and medical personnel from our community. Our program is abstinence-based with contraception including proper condom use.

The goals of this module are that students will:

- Apply strategies to select peers to be friends or potential romantic partners and ways to build healthy relationships.
- Describe ways to communicate caring, love, and respect in a variety of relationships.
- Set personal sexual limits and explain the advantages of abstaining from sexual intercourse.
- Apply skills for talking about relationships and sexual issues with others.
- Describe ways to develop true intimacy without having sexual intercourse.
- Understand the facts about sexually transmitted infections, including HIV and AIDS.
- Analyze the physical, social, and emotional impact of having a sexually transmitted infection.
- Analyze sexual behaviors to determine their risk of transmitting HIV and other sexually transmitted infections.
- Assess the economic, legal, social, and emotional costs of teen parenting.
- Acquire the skills needed to reduce the risk of pregnancy or sexually transmitted infections.
- Examine ways to locate and access resources, information, and support systems.
- Apply refusal and limit-setting skills with partners.
- Understand the advantages of getting tested for pregnancy and sexually transmitted infections.
- Develop plans for reaching personal goals and identify ways pregnancy or sexually transmitted infections might impact reaching those goals.
- Synthesize information and skills to develop and implement a plan for motivating others to avoid risk behaviors.

The lessons will give your child information and opportunities to build health skills that will prevent sexually transmitted infections and pregnancy. However, we need your help! You are your child's first and most important teacher! Your child will be encouraged to talk to you about relationships and to ask you questions. Interviews with a parent or another trusted adult will be assigned as homework in order to promote open communication. By working together, schools and families can more effectively equip children to develop healthy habits and avoid health risks.

You may visit the following website to access information on this module at:

http://www.emc.cmich.edu/EMC_Orchard/MMH-HIV

You may make an appointment to review materials or observe the class being taught if you wish. You may have your child excused from any of the lessons without penalty if you decide that is best. Please contact me if you have any questions. ***(See reverse side for Exclusion Request)***

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Nurturing each child • Educating all students • Building world citizens





East Lansing Public Schools

Dear Parent or Family Member,

If you decide that your student should not participate in part or all of the lessons in Healthy and Responsible Relationships: HIV, Other STIs, and Pregnancy Prevention, A Module for Grades 9-12, he or she will be excused without penalty. To do so, complete the Exclusion Request and return it to your health teacher.



1. If you want your child to participate in the lessons you do not need to return this form.

2. If you want your child to be excused from part of the lessons, please:

Initial here

Complete this form.

Circle the content on the front page from which you want your child excluded, and return this form to the health teacher.

3. If you want your child to be excused from all the lessons for this module:

Initial here

Complete this form.

Return this form to your health teacher.

Student Name: _____ Hour: _____

Parent/Guardian Signature: _____

Date: _____ Graduation Year: _____