

# Mental Health & Wellness Summit



Embracing Wellness. Together.

East Lansing Public Schools

Sponsored by the Mental Health Advisory Committee (MHAC)

The mission of the Mental Health Summit is to increase awareness and access to mental health resources while fostering a sense of community and belonging in the greater East Lansing community.

**WEDNESDAY, APRIL 24, 2024 AT 5:30-7:30 PM**  
**EAST LANSING HIGH SCHOOL**

- Light Refreshments
- Activities & Prizes
- Presentations & Resources



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