Sex Education Advisory Board Meeting Board Meeting Room – East Lansing High School May 18, 2023, 6:30 PM

- 1) Call to Order. The meeting was called to order by Melissa Fore at 6:33 PM
- 2) Membership Roll Call. Members present: Melissa Fore, Diane Tuinstra, Sara Smith, Bridget Burns-King, Karessa Wheeler, Danny Hearit, Heather Marlow, Trisha Kosloski, Glenn Mitcham, Aiyana Rosinski, Jonathan Gold.

3) Approval/Modifications to the Previous Meeting Minutes

4) A motion to approve the previous meeting minutes without any changes was made by Karessa Wheeler and seconded by Diane Tuinstra. Motion passed unanimously.

5) Approval/Additions to the Agenda

A motion to approve the agenda without any changes was made by Danny Hearit and seconded by Karessa Wheeler. Motion passed unanimously.

6) Public Comment:

a. None.

7) Presentations/Committee Reports

a. Sex Ed Director Report

- i. Needs for SEAB next year. One clergy member and two student member positions are open for next year.
- ii. Social media lesson for 5th grade was moved to 6th grade by the publisher for this year, and it was requested by a few 5th grade teachers.
 - 1. We will look into getting this approved as an add-on module.

b. Glenn Mitchem – Student Opt Outs for High School Health Class

- i. PC Personal Curriculum is a state mandated requirement that the school offers to students if they want to add another class and opt out of other classes. Each is approved by the state, and is often how some students get out of health.
 - 1. 1250 students and 1084 are taking health. 186 are not taking it. 40 PC out of it this currently this year, but that number is expected to rise.
- ii. Terri Cregg is retiring, a new health/PE teacher will be hired for next year.
- iii. What would it take to get a new curriculum adopted/added 3 Rs (Rights, Respect and Responsibility) Honest sex education for 4th-12th grade levels.

8) Unfinished Business

- a. "Am I Read? Making Healthy Decisions" video vote to remove from high school curriculum
 - i. Discussed whether it was better to keep this or not have anything for this video at all.
 - ii. There was a strong sense from the board that an abstinence only video does not add value or anything new that hasn't already been discussed.

A motion to approve the removal of the "Am I Read? Making Healthy Decisions" video from high school curriculum was made Bridget Burns-King and seconded Danny Hearit. Motion passed unanimously with Heather Marlow abstaining.

9) New Business

- a. Set goals for 2023/2024 school year
 - i. Green Dot evaluation
 - ii. Update the high school curriculum (3 R's)
 - iii. Pornography education/speaker series
 - iv. Evaluate introducing sex education courses in K-3 and which topics could be taught.
 - v. High school needs assessment
 - vi. Invite other grades curriculum teachers to speak at our board meetings.
- b. Discuss when sex ed is taught early years, middle school, high school
 - i. Early years
 - 1. "OWL Our Whole Lives" has a K-adult curriculum.
 - ii. 9th grade health
 - 1. Most schools take this at 9th or 10th grade, and East Lansing is the same (vast majority 9th grade).
 - 2. Was discussed that 9th grade is too early for many, before most have had sex which can be good, but often thought a 11th grade refresher is needed.
 - iii. Sex ed 11th grade refresher
 - 1. Covering 11th grade sex ed through excel classes is a non-starter.
 - 2. If it was taught among the core classes during a sex ed week or otherwise could work out.
 - 3. Teachers in core classes would need to be health certified.
 - 4. Could be taught by willow health center employees.
- c. Do we want a subcommittee to review pornography resources over summer?
 - i. Discussed ways this could look. Have a series of speakers about various sex education topics (examples: sexting/sextortion, sexual violence, consent laws) and end with a pornography speaker.
 - ii. No subcommittee needed this summer.

10) Announcements

a. Next meeting September 21, 2023

10) Adjournment

Motion to adjourn was made by Diane Tuinstra and seconded by Heather Marlow. Meeting adjourned at 7:31 PM.