

Sex Education Advisory Board Meeting

Board Meeting Room – East Lansing High School

April 20th, 2023, 6:30 PM

1) Call to Order. The meeting was called to order by Melissa Fore at 6:32 PM

2) Membership Roll Call. Members present: Melissa Fore, Sara Smith, Anne Scott, Bridget Burns-King, Liz Miller, Karessa Wheeler, Megan Maas, Danny Hearit, Aiyana Rosinski, Evan Newcombe
Guest: Terri Cregg

3) Approval/Modifications to the Previous Meeting Minutes

A motion to approve the agenda with the previous meeting minutes without changes was made by Liz Miller and seconded by Karessa Wheeler. Motion passed unanimously.

4) Approval/Additions to the Agenda

A motion to approve the agenda with the proposed changes (remove Glenn Mitchem's report and add Terri Cregg's Q/A session) was made by Karessa Wheeler and seconded by Anne Scott. Motion passed unanimously.

5) Public Comment:

5.5) Teri Craig – Sex ed teacher Q/A

- Start with letter home to parents.
- Few (1-2) students opt out of sex education but take health for religious reasons. 33-34 students per class in attendance.
 - However, the number of students that opt out of health is suspected to be a lot more.
- The two teachers do collaborate some together.
- Lessons
 - Focus on LGBTQ+ youth, understand vocabulary (definition cards), different scenarios in inclusion – not who you are but what you do
 - Friendship first – safe learning environment before romantic encounters.
 - Partner is used instead of boyfriend/girlfriend – more inclusive.
 - You're not ready if video (2012)
 - I wish video - Three young ladies who are pregnant and how they lead different lives with different situations. Good points in this video (2015)
 - Sex, self-respect and social media video.
 - Human reproduction
 - Intimacy – You can have intimacy without sex or romance. Intellect, companionship
 - Willow comes in about STIs.
 - Affirmative consent plan – Very good, how to tell if you have consent. Many different scenarios. Gender neutral.
 - Consent laws – Not often known by the students.
 - How to prevent pregnancy
 - Scenarios about tough situations and have breakout sessions to discuss strategies.
 - Testing (who why and how) – Pregnancy and STD testing
- Takeaways
 - Not much on pornography – will talk about it if someone asks. Suggested to be talked

- about in middle school.
- PrEP and PEP are not talked about unless asked. However, they do learn some from the commercials.
- Takes a long time to get approval to make changes or get permission for something new (has to go through SEAB and Board of Education).
 - If items are approved “in addition to” what we have currently approved allows for flexibility to add it where it makes sense in the current curriculum.
- No health virtual option.
- May investigate on how opting out is allowed without religious reasons.
- Look into making future recommendations to:
 - Add earlier sex education curriculums (1st-3rd grade)
 - Add sex ed to SEL (second step) that occurs in elementary school.
 - Add some sex education to high school excel/homeroom.
 - Secondary data analysis could have health/sex education survey happen if it is not part of the sex education curriculum – Such as doing something in excel/homeroom.
- Questions for Glenn:
 - Can we approve sources rather than specific items for sex education?
 - In earlier years, do these teachers need to be trained to teach sex education earlier?
 - What is our must dos in our recommendations to the board?

6) Presentations/Committee Reports

a. Sex Ed Director Report

- i. State of MI did release their new curriculum, 3 Rs (Rights, Respect and Responsibility) - Honest sex education for 4th-12th grade levels.
 - 1. Looks really impressive at first glance.
- ii. ELPS is working with Ingham County Health Department and is trying to bring a health center to the high school. There will be having a town hall about this.

7) Unfinished Business

a. High School Videos (current videos)

- i. “Human Reproduction and Childbirth” (2009)
 - 1. Feelings: Not bad. Was racially diverse though.
- ii. “HIV 101” (2021)
 - 1. Feelings: Great! inclusive not opinionated.
- iii. “Biggest Myths about STIs” (2013)
 - 1. Feelings: Not bad.
- iv. It’s Your Choice: Birth Control for Teens” (2007)
 - 1. Feelings: Not bad.
- v. Tea consent
 - 1. Feelings: Not bad, but consent is more nuanced and this video only focuses on force and unconscious behavior. No focus on pressure, coercion, bystander intervention.
 - 2. Suggested better program: Green dot – best evidence based program, but expensive.
- vi. “Am I ready – Making healthy sexual decisions” (2012)
 - 1. Feelings: Not great, extreme and opinionated. Abstinence only approach. Was

racially diverse though.

8) New Business

- b. SEAB Membership for Next Year.
 - i. Discussed who was leaving the board and who can offer recommendations.

9) Announcements

- a. Next meeting May 18, 2023

10) Adjournment

Motion to adjourn was made by Danny Hearit and seconded by Evan Newcombe. Meeting adjourned at 8:04 PM.