

Sex Education Advisory Board Meeting

Board Meeting Room – East Lansing High School

January 19th, 2023, 6:30 PM

1) Call to Order. The meeting was called to order by Melissa Fore at 6:32 PM

2) Membership Roll Call. Members present: Melissa Fore, Diane Tuinstra, Sara Smith, Glenn Mitcham, Danny Hearit, Anne Scott, Heather Marlow, Trisha Kosloski, Karessa Wheeler, Aiyana Rosinski, Bridget Burns-King, Megan Maas, Johnathan Gold Guest: Jeff Davis

3) Approval/Additions to the Agenda

A motion to approve the agenda without any changes was made by Jonathan Gold and seconded by Karessa Wheeler. Motion passed unanimously.

4) Approval/Modifications to the Previous Meeting Minutes

A motion to approve the previous meeting minutes without any changes was made by Trisha Kosloski and seconded by Karessa Wheeler. Motion passed unanimously.

5) Public Comment: None.

6) Willow Health Center - Ingham County Health Department Guest Jeff Davis

- a. Previewed presentation that enhances the Michigan Model. He provides a two-day presentation, with the first day focused on STIs and the second day on contraception/birth control. Topics covered in the presentation are Willow Health Center's services, Michigan stats and facts, LGBTQ+ facts, STIs and prevention, PrEP, HIV myths/facts, fertility awareness. SEAB asked if he could emphasize the effective methods and provide just one slide on less effective methods of STI prevention and birth control.

7) Presentations/Committee Reports

a. Sex Ed Director Report

- i. First round of puberty the wonder years curriculum is complete in the middle school!
- ii. Going to add a couple of days because there is more content.
- iii. High school has vending services for period products in the women's and gender-neutral bathrooms.
- iv. Middle school alliance club is looking into also providing period products.

8) Unfinished Business

a. MiPHY Data

- i. Saving for next meeting to give more time to review data.

b. 4th Grade Videos

- i. Current video is made by Disney, one for boys and one for girls and is in poor condition. Outdated and not well received by students.
- ii. First video series (4th grade – "Always Changing")
 - 1. Bad. Lots of advertising. Not inclusive.
 - 2. Combined Video available
- iii. Second video series (4-6th grade – "Around the Corner")
 - 1. Outdated, less inclusive, older.
 - 2. Combined video available

- iv. Third video series (“Meet the New You”)
 - 1. Variety of models, basic anatomy, focused on exercise and cleanliness. Pad only instructions, slow at times. Not inclusive.
 - 2. No combined video
- v. Fourth video series (“Puberty – a Journey”)
 - 1. Very gendered, but did focus on emotional and social changes. Accurate information. Modeled asking questions with a trusted person. Lots of menstrual products. Fewer distractions.
 - 2. No combined video.
- vi. Fifth video series (“Top Ten Things to Expect”)
 - 1. Not inclusive, gendered. Racially diverse actors but not models. No menstrual products mentioned. No body size diversity.
 - 2. No combined video.
- vii. Overall, the SEAB was not impressed with these videos. The board will continue to look for other 4th grade options

9) New Business

- c. High School Videos.
 - i. Moved to next meeting for lack of time.

11) Announcements

- a. Next meeting February 16, 2023

12) Adjournment

Motion to adjourn was made by Diane Tuinstra and seconded by Danny Hearit. Meeting adjourned at 8:03 PM.