

Sex Education Advisory Board Meeting

Board Meeting Room – East Lansing High School

January 18th, 2024, 6:30 PM

- 1) **Call to Order.** The meeting was called to order by Melissa Fore at 6:36 PM
- 2) **Membership Roll Call.** Members present: Chad O'Neil, Glenn Mitcham, Megan Maas, Melissa Fore, Anne Scott, Karessa Wheeler, Myah Valla, Kelly Maier, Danny Hearit, Heather Marlow, Bridget Burns-King, Jonathan Gold. Guest: Nancy Diawara.
- 3) **Approval/Modifications to the Previous Meeting Minutes**

Spelling changes for names in 9.b.1.1.

A motion to approve the agenda with the proposed changes was made by Karessa Wheeler and seconded by Danny Hearit. Motion passed unanimously.
- 4) **Approval/Additions to the Agenda**

A motion to approve the agenda as submitted was made by Chad O'Neil and seconded by Karessa Wheeler. Motion passed unanimously.
- 5) **Public Comment:**
 - a. None
- 6) **Nancy Diawara, Ingham Community Health Centers: New School-Based Health Center at ELHS**

Nancy Diawara provided information on the new school-based health center at ELHS. There are also new health centers in Sexton and Eastern High Schools. The Willow Health Center has moved to a new Pennsylvania Ave location.

East Lansing High School will have a full health center opening soon where the technology and health department used to be; construction will begin shortly. A provider, behavioral health consultant (counseling), and nurses will all be available, offering a variety of services, behavioral health, brief interventions, referrals. The center is available thanks to grants from the State of Michigan.

The health center will have anonymous usage data to present to the board and other interested parties. No birth control or condoms can be handed out on school property (by state law), but clients can be referred to the Willow Health Center. Abortions cannot be referred (by state law). Youth health advisement will be discussed at a later date with Willow.

We appreciate the tech department for giving up their space for this new health center in East Lansing High School. A no-increase bond proposal states how the reorganization of the high school will happen to accommodate the new health center.
- 7) **Presentations/Committee Reports**
 - a. **Sex Ed Director Report**
 - i. **Grade Level Sex Education Delivery and Parent Notification Procedures:** 5th Grade Parent Night is scheduled for Feb 1, 2024, at Green Elementary. 6th and 7th Grade Parent Night will happen Spring semester.
 - ii. **Teacher and Educator Support:** Working to update HIV education for teachers training for teachers. Online training for *Puberty: the Wonder Years (PTWY)* has opened for new teachers. Attending some upcoming training with Easton RESA, including new Michigan Middle/High School Curriculum (Advocates for Youth's [Rights, Respect, Responsibility](#)),

HIV Education Training, PTWY training, and LGBTQIA training for creating safe and supportive schools.

- iii. **Parent Resources:** Followed up on exploring available parent resources. ELPS has a [published list of parent resources](#), and contacted the East Lansing Public Library about stock of some of the referenced books. Identified additional extensive resources through PTWY for Parents, which we should promote at our parent nights for 4-6th Grade. Includes books, blogs, videos, and other short resources. There is also an online parents course, which also includes short guided question/answer for parent-child discussions <https://pubertycurriculum.com/parent-resources/>
- iv. **Parent Info Night on Technology and Sexuality:** Megan Maas is willing to do a parent night education session on technology and pornography. She would like to do a pre/post survey as part of the event. Board discussed using this event to recruit new parents to the SEAB and get some bench applications.
- v. **Planning Guest Speakers and potential collaborators:** Michigan Organization for Adolescent Sexual Health (March), SALUS Center (TBD), Ingham County Health Dept/School Based Health Center (January), School Wellness Coordinator/School RN (February), and invite educators from Elementary, Middle and High School to share their experience and feedback (April?).

8) Unfinished Business

a. Need New Board Members

Two board member spots are available. Applications will be made available via an email blast. Need to update where to send the applications on the application itself. Applicants should receive an email letting them know the application has been received. Would be nice to have a bench of applicants. Anne will update everyone where the current board members term status.

b. Subcommittee Updates

- i. **Sexual violence (Green Dot and violent masculinity):** Green Dot is a bystander intervention and social attitude training course through evidence-based prevention. <https://alteristic.org/services/green-dot/> They are meeting with someone from Green Dot and discussed collaboration with Mason and Haslet schools., and gathered academic resources. They discussed similar programs and compared (3 R's, among others).
- ii. **Student surveys and outreach:** Researched using google doc survey within the school google ecosystem; newspaper was also considered.
- iii. **Speakers**
 - 1. MOASH (Michigan Organization on Adolescent Sexual Health) coming to the SEAB meeting in March.
 - 2. POE (Prevention Outreach Education), Speakers and workshops. This would be less expensive and more accessible than Green Dot at standard speakers rather than training, but perhaps less impactful. It is similar to Boys to Men coaching plus bystander prevention.
 - 3. MSU Gender Sexuality Campus Center and Lansing Association For Human Rights were also mentioned.
 - 4. Discussed adolescent pornography presentation for parents by Megan Maas. March 4-8th, 11th are good dates for this current school year.
- iv. **Videos for 4th grade and High school:** Current video is a Disney DVD on its last legs. Other options are: 1) *Always Changing – Puberty* co-ed video was the favorite, however

they don't (and no other videos did either) cover gender identity or intersex. 2) Amaze.org videos also were good, just short. Could be good supplementary material.

None of these videos address gender identity, intersex or otherwise. We could add some content to be provided by the teachers before/after playing these videos such as, "While this video will mention boys and girls, what they really mean to say is male body and female body rather than gender. We understand that just because you have a male, female or intersex body, it does not mean that is the same as how you experience gender. The video also does not talk about intersex where the body images shown may not match everyone's experiences and that is okay and should be covered later on in the curriculum."

9) New Business

a. Identify Subcommittees and Members

- i. **High school videos:** Members: Anne Scott, Danny Hearit, Heather Marlow
- ii. **Parent resources:** Member(s): Megan Maas, Jonathan Gold. Parent porn education night in March. Finding parent resources that can be shared via ELPS social media. Partner with the speakers to get a parent session going as well. Smart talk parent series could be considered. Example topics: Drugs, depression, sex texting and driving. Evaluating current parent resources

10) Announcements

- a. Next meeting February 15, 2024

11) Adjournment

Motion to adjourn was made by Danny Hearit and seconded by Karessa Wheeler. Meeting adjourned at 8:01 PM.