



## East Lansing School District

### Two-Year Report on Achievement of Goals and Objectives

#### Sexual Health and HIV/AIDS Education

June 2022

##### **Background Information**

In June of 2004, the Michigan state legislators passed Public Acts 165 and 166 which modified Michigan laws related to sex education in public schools. Public Acts 165 and 166 outline the planning, training, and implementation mandates for HIV/AIDS and sex education (PA 165 of 2004) and a parent compliant process (PA 166 of 2004).

These acts stipulate the make-up of each district's Sex Education Advisory Board as well as their roles and responsibilities. Part of the role of the Sex Education Advisory Board is to:

- *Establish program goals and objectives for pupil knowledge and skills that are likely to reduce the rates of sex, pregnancy, and sexually transmitted diseases; and*
- *At least once every 2 years, evaluate, measure, and report the attainment of program goals and objectives established under the subdivision (a). The board of a school district shall make the resulting report available to parents in the school district. §380.1507*

Public Acts 165 and 166 also stipulate that school districts are required to teach about dangerous communicable diseases, including but not limited to, HIV/AIDS. §380.1169 HIV/AIDS must be offered at least once a year at every building level (elementary, middle/junior, senior high) and each person who teaches K-12 pupils about HIV/AIDS shall have training in HIV and AIDS education for young people. §380.1169 <sup>1</sup>

##### **Goals, Objectives, and Curricula**

The East Lansing Public Schools Sex Education Advisory Board (**SEAB**) has recommended and the East Lansing Board of Education has approved the following goals, objectives, and curricula for the elementary, middle, and high school programs of instruction in sexual health and HIV/AIDS education. The goals and objectives are aligned with Michigan State Laws, Michigan Department of Health Standards, and National Health Education Standards.

##### **Goals:**

Provide all students with the knowledge and skills to avoid unintended pregnancy, to prevent infection with HIV and other sexually transmitted infections (STIs), and to prepare students to

form healthy relationships while making responsible decisions regarding the social, physical, legal, financial, emotional and mental aspects of human sexuality.

### **Objectives:**

The SEAB has reviewed and recommended and the East Lansing Board of Education has approved the sex education and HIV prevention lessons that are optional portions of the *Michigan Model for Health™*<sup>1</sup> curricula for implementation with students at grades 7-12. *Puberty: The Wonder Years* is approved for grades 4-6. These curricula meet the legal criteria set forth by the State of Michigan for sexual health and HIV/AIDS education, Michigan Department of Health Standards, and National Health Education Standards.

The following objectives are based on the *Michigan Model for Health™* curricula for sexual health and HIV/AIDS education. At the end of the elementary, middle, and high school sexual health and HIV education program of instruction, students will be able to:

- Apply strategies to select peers to be friends or potential romantic partners and ways to build healthy relationships.
- Describe ways to communicate caring, love, and respect in a variety of relationships.
- Set personal limits for sexual activity.
- Explain the advantages of abstaining from sexual intercourse.
- Apply skills for talking about relationship and sexual issues with others.
- Describe ways to develop intimacy without having sexual intercourse.
- Describe the basic anatomy and physiology of the human reproductive system.
- Describe the stages of human fetal development, environmental and heredity factors that can affect healthy fetal development, and lifestyle choices that will favorably affect a developing fetus.
- Understand the facts about sexually transmitted infections (STIs), including HIV and AIDS.
- Analyze the physical, social, and emotional impact of having STIs.
- Analyze sexual behaviors to determine their risk of transmitting HIV and other STIs.
- Analyze the influences that encourage and/or discourage risky behaviors.
- Apply strategies and skills for avoiding and escaping situations that could result in pregnancy or transmission of STIs.
- Access the economic, legal, social, and emotional costs of teen parenting.

- Acquire the skills needed to reduce the risk of pregnancy or STIs, including correct use of condoms.
- Examine ways to locate and access resources, information, and support systems.
- Apply refusal and limit-setting skills with partners.
- Understand the advantages of getting tested for pregnancy and STIs.
- Develop plans for meeting personal goals and identify ways pregnancy or STIs might impact reaching those goals.

East Lansing teachers responsible for implementing the sexual health education program has the appropriate certifications and endorsements required to teach health, has received HIV/AIDS certification training, and most have attended training offered by Eaton RESA in sex education and in the curriculum they are responsible for teaching.

Guest speakers may also be included in selected lessons. The SEAB uses a set of criteria to evaluate whether to recommend guest speakers. The East Lansing Board of Education voted in June of 2015 to suspend all guest speakers, until further review. Willow Health Center Educational Outreach Ingham County Health Department, previously approved, was reviewed by the SEAB and recommended for inclusion in the high school sexual health education classes. The East Lansing Board of Education voted unanimously to reapprove Willow on May 9, 2016.

#### **Grades 4, 5, and 6 Curriculum:**

*Puberty: The Wonder Years* (2015) is used at grades 4, 5, and 6 for sexual health education. Each grade level has its own set of lessons that promote appreciation and respect for the changes experienced by self and others and equip children with the skills they need to postpone sexual intercourse. *Michigan Model for Health HIV/AIDS for 5<sup>th</sup> Grade* is used for HIV/AIDS education at the elementary level. Sixth grade does not include HIV/AIDS education, as this topic is included in the seventh and eighth grade curriculum. Content has been added to the sixth grade lessons in the areas of gender identification and sexual orientation, sexting, and healthy relationships.

#### **Grades 7 & 8 Curriculum:**

*Growing Up and Staying Healthy: Understanding HIV and Other STIs* (2010/12), a *Michigan Model for Health™* module, is used at grades 7 & 8. This curriculum has been adopted as HIV curriculum. The lessons are divided by content for seventh and eighth grades with some

lessons being repeated at eighth grade. Content has been added to the lessons for both grades the areas of gender identification, sexual orientation and sexting.

### **Grades 9-12 Curriculum:**

*Healthy and Responsible Relationships: HIV, Other STIs, and Pregnancy Prevention, A Module for Grades 9-12* (2007), a *Michigan Model for Health™* module, is used in the high school. This curriculum is taught as part of the ninth grade health class. Students in grades 10, 11, and 12 may also take this class. Content has been added to the lessons in the areas of gender identification and sexual orientation, sexting, and consent.

### **Special Education Curriculum:**

The approved curricula to support developmentally delayed students in self-contained special education classrooms has been selected to facilitate learning for students with cognitive and/or language delays. The Marsh Media Programs, *A Girl's and Boy's Guide to Growing Up* and *A Girl's and Boy's Guide to Puberty and Personal Safety*, were approved for students ages nine and older by the East Lansing Board of Education on May 23, 2016. These programs are primarily for elementary and middle school students. They are approved for use with high school students, who may best be served by these materials. On May 21, 2018, the East Lansing Board of Education approved **Positive Prevention PLUS: Sexual Health Education for Special Populations** - Revised for East Lansing, as the core curriculum for grades 6-12+ sexual health and HIV education for students who receive a majority of their instruction in self-contained special education classrooms. The BOE also approved books and presentation methods as supplemental materials to facilitate understanding of the concepts and skills within the curricula.

### SEAB Goal Attainment for Fall 2020 - Spring 2022:

The following are the goals attained by the SEAB since the June 2020 Two-Year Report:

- Addition of new HIV/AIDS education lesson and video for 5th grade: "HIV and Me: Marissa's Story". (MI Model).
- Addition of new HIV/AIDS education video for 7/8th grade: "HIV and AIDs: Learn the Facts, Fight the Stigma, Stay Safe".
- Reviewed and evaluated the 4th, 5th and 6th grade curricula and materials in "Puberty: The Wonder Years: Revised, 2021".
- Implemented use of the newly adopted Curriculum and Evaluation Tool from MDE/State of MI HIV/AIDS Education. This tool was very helpful and allowed a streamlined evaluation process of all new curriculum.
- Addition of "K-5 Consent Toolkit: For Michigan Educators, Parents, Caregivers, and Students" to ELPS District website under Parent tab. This toolkit was developed by MOASH.

**Community Access to View Content:**

All lesson objectives, materials, and evaluation methods are available for review at any time during the school year and during scheduled preview nights. The ELPS Sexual Health Education Handbook is assessable online at [elps.us](https://elps.us), click on PARENTS, then click on HEALTH. Most of the videos are not available to view online due to copyright laws. Below is a direct link to the handbook.

<https://elps.us/our-district/board-of-education/committees/reproductive-health-advisory-committee/east-lansing-public-schools-sexual-health-update-2016-17/>

**Program Evaluation and Results**

The SEAB selected evaluation tools that are included in the sex education curriculum for grades 4, 5, 6, 7 and 8. The tools for grades 4, 5, and 6 were developed by the author of *Puberty: The Wonder Years* and are titled pre/post-surveys, rather than tests. The pre/post-test instrument for grade seven was taken from the *Michigan Model for Health™* curriculum guide for *Growing Up and Staying Healthy: Understanding HIV and Other STIs*. The evaluations were administered anonymously for grades 4, 5, 6, 7 and 8. The high school instrument was developed by the health teachers to measure the attainment of the high school objectives. Parents were made aware of the tests at the preview nights or by information sent home, if the parents/guardians could not attend the evening meeting at their child's school.

All students who participated in sexual health and HIV/AIDS education took the pre-test in their classroom prior to instruction. The post-test was administered after the conclusion of instruction. Support was provided to students with limited reading or English language proficiency.

The district pre/post test results for grades 4, 5, 6, 7 & 8 are from the 2018/19 school year. Results from the school year 2020-2021 are not available due to Covid-19. Results from school year 2021-2022 for grades 4,5,6,7,8 are not available due to technical difficulties.

| Grade | Pre-Test Mean Score                             | Pre-Test Number Tested | Post-Test Mean Score                             | Post-Test Number Tested | Percent Change |
|-------|---|------------------------|--|-------------------------|----------------|
|       |   |                        |  |                         |                |
| 4     | 66%   | 242                    | 79%  | 138                     | 13%            |
| 5     | 71%   | 243                    | 86%  | 212                     | 15%            |
| 6     | 70%   | 483                    | 79%  | 439                     | 9%             |
| 7     | 75%   | 118                    | Post-test administered in 8 <sup>th</sup> grade. |                         | 21%            |
| 8     | Pre-test administered in 7 <sup>th</sup> grade. |                        | 75   | 237                     | 19%            |
| 9-12  | 36%   | 179                    | 94%  | 179                     | 58%            |

### **Current SEAB Goals**

The SEAB will focus on the following areas to further develop and update existing curricula and to improve communication with the East Lansing community.

- The East Lansing Sex Education Director, in conjunction with the SEAB, will update the Sexual Health Education Handbook available on the ELPS website a minimum of once a year.
- Identify parent education methods and resources to support sex education at home. Link parents to these resources and supports.
- Identify topics in the curriculum that could benefit from having guest speakers. Consider guest speakers to recommend for BOE approval.
- Use information from the 2021-2022 MiPHY Survey to review & adjust curriculum as indicated. If possible, administer the parent and student surveys in the spring of 2023.
- Continue work on connecting students with health and safety resources at the high school and middle school levels
- Review SEAB By-Laws every three years
- Evaluate current content on sexual representation in media and determine need for added content in relationship to pornography. Add age-appropriate content, as recommended. Explore providing a parent informational session on adolescents and porn.
- Obtain teacher resources on trauma informed sex education and inform teachers.

### **Accessing the Results**

Copies of this report are available at the Superintendent of East Lansing Schools, Dori Leyko, 501 Burcham Drive, East Lansing, MI 48823 or on the East Lansing Public Schools website, [www.elps.us](http://www.elps.us).